



ON THE TRAIL NEWSLETTER

June 2024

CALGARY WEEKEND HIKERS

Summer 2024 Edition

From the Online Photo Gallery

- Nice to get out. Bowness Park Valley Ridge Baker Park



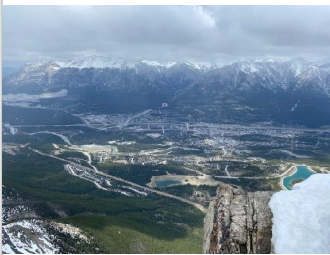
- Or having cake at the Spring Social



- It's no yet sunshine. Macabee Pine Ridge Balsam Link Long Prairie Loop



- But the View is worth it. From Ha Ling Peak



From the President

-- by Pat Cooper --

I'm excited to share some updates with you since our last newsletter.

First off, we have a new Vice-President — welcome Maureen Kelly! Maureen, we're thrilled to have you on board and can't wait to see the awesome ideas you'll bring to the table.

Over the past 15 years, our club has transitioned from just a summer hiking club to a year-round adventure group. It's been amazing to explore the great outdoors in every season, and I'm looking forward to another fantastic summer. I encourage all of you to organize a hike this summer, whether it's a challenging trek or a leisurely walk. Your participation keeps our club vibrant and fun!

To help the environment and reduce the number of cars at trailheads, let's make an effort to carpool. Sharing rides is a great way to cut down on our carbon footprint and make our hikes more eco-friendly.

Our spring kick-off social was a huge success, and I want to thank everyone who attended and contributed to making it a memorable event. However, I must address the absence of wine at the social. Just days before the event, we learned that our insurance coverage requires AGLC ProServe Certification for anyone involved in the service or sale of alcohol, including ticket sellers and servers. Unfortunately, we didn't have sufficient time to complete the necessary training before the event. I apologize for any disappointment this may have caused. Rest assured; we are working diligently to ensure we have this covered for the October potluck. If any members already have ProServe certification or are willing to complete the 4 to 6 hour online training to obtain certification, please contact me at 587-226-4453.

Thanks for being such an awesome group! Let's make this summer full of amazing hikes and good times.

Pat Cooper

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### The 2024 Executive Committee

President: Pat Cooper  
 Vice President: Maureen Kelly  
 Secretary: Jutta Shaw  
 Treasurer: Terry Wilson  
 Hike Planning Coordinator: Lorna Jurgens  
 Membership: Julia Tsang

Social Coordinator: Sigrid Wili  
 Communications Coordinator: Fritz Kiessling  
 Archiving: by Secretary  
 Newsletter: Dorothy Whitson  
 Webmaster: Fritz Kiessling



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## Spread the word – CWH is a Gem

-- by Maureen Kelly, Vice-President --

I have been a member of the Calgary Weekend Hikers for over 20 years and have enjoyed many adventures and experiences.

What makes CWH a Gem?

Opportunities to meet people

Learning about other's travels and experiences

Enjoying all levels of hikes with our peers

Experiencing many new wonders in the hills and mountains

Opportunities to participate in multi-day trips

Opportunity to lead hikes and share our experiences

Reasonable cost of being a member

The club has experienced a reduction in members during the COVID years and now is ready to accept new members so that they can enjoy what most of us already know and treasure.

I am not that savvy when it comes to social media and certainly do not know of the various platforms available to spread the word although certainly use my gift of gab to share with colleagues, friends, neighbours, acquaintances and family. If anyone has any suggestions on the use of social media, please let us know (e-mails are on the website).

Remember – Spread the word as CWH is a Gem.

Hope to see everyone on the trails.

Maureen Kelly  
Vice-President

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Hikes Planning Committee

-- by Lorna Jurgens --

There were a total of twenty seven hikes offered from January 1 to May 15, seventeen of which took place out of town. The remaining ten which included hikes in Glenbow Provincial Park took place in the City.

Special thanks to those coordinators who organized and lead the out of town and city hikes over the winter/spring months.

There are a number of interesting and varied multi day trips offered this summer by

Calgary Weekend Hikers. Below is a summary of each one.

Fernie: July 15 to July 19 - coordinated by Ursula Wohlfarth - at this time there is a lots of availability. Fernie offers some wonderful hiking especially near Island Lake Lodge.

East Glacier National Park, Montana: July 26 - 30 - coordinated by Lorna Jurgens and Pati Roberts. At this time the event is marked "Full" with a waitlist.

Campbell Icefields Chalet: July 29 - August 2 - coordinated by Sigrid Wili - this is a fabulous backcountry trip in the Selkirk Mountains north of Golden. This is a gorgeous area and the elevations are very manageable. As well the Lodge is very comfortable.

Nordegg: August 9 - 13 - coordinated by Laura Lee Billings and Heather Blackwell - shown as "Full" with a waitlist.

If any of the above are of interest to you please do contact the coordinators to discuss same.

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## Membership Coordinators

-- by Julia Tsang & Deb Steele --

Thank you to 288 members who renewed. CWH currently has 106 Honorary Members.

A warm welcome to all our new members – 16 and counting. I hope you have been able to participate in some of the hikes that CWH has to

*Get out there and hike before it's too late!!*

**Remember your K-Country pass is expiring this month so be sure to renew it. Otherwise you will have a rude surprise in the mail.**

